

St Lawrence's Church

Mereworth

If you are feeling sad, upset, hurt or scared,
you can talk to any church or group leader.

You can also talk to:



Mrs Betty Earl

Young People's Safeguarding Officer

Don't forget, you can also contact

ChildLine

24 hours a day at: [childline.org.uk](https://www.childline.org.uk)

or by phone: **0800 1111**